

VINYASA FLOW—ALL LEVELS



COMMUNITY

Poses for Paws

Hosted by Jesse Schein, Kathryn Budig and Sara Ivanhoe



August 1st, 2008

Friday, 7:30pm—9:30pm

Main Street

310.664.6470

Price

Suggested donation: \$20

(There will be a raffle with exciting prizes!)

Join Kathryn, Jesse and Sara for an evening of live music and celebration for the animals in our lives.

Enjoy a full flow class broken up between the teachers focusing on the unconditional love and joy that animals create in our lives and how to channel and give back. There will be a raffle full of yoga goodies after the class as well as raw organic chocolate for sale and the chance to purchase a portrait of your animal by the incredibly talented Robert Sturman. All of your donations will benefit The Lange Foundation (www.langefoundation.com).

Poses for Paws was created by Kathryn Budig and Jesse Schein as a way to repay the love that animals bring into our lives. Our mission is to raise money through yoga to donate to local animal shelters and organizations who thrive to provide a loving life to those less fortunate. 100% of your donations will go to The Lange Foundation. 100% of your love is needed and appreciated. www.posesforpaws.com

